



# FORRESTON JUNIOR/SENIOR HIGH SCHOOL

Parents/Guardians,

The impact of COVID-19 on school athletics and activities has continued to evolve as we see changes from IDPH, ISBE & IHSA regarding guidelines and mitigation measures for our winter sports seasons. We want to do our best to communicate the most recent information and ask for your patience as the athletic department navigates uncharted waters.

The following information regarding winter sports is the most current as of November 12, 2020:

## SENIOR HIGH SCHOOL

- **Boys Swimming** = This is a coop with Byron and is a low-risk sport scheduled to begin on November 16<sup>th</sup>.
- **Cheer, Dance, Boys & Girls Basketball** = IDPH moved basketball to a "high risk" sport on October 29<sup>th</sup>. IHSA did not follow the states guidelines and pressed to continue the season as scheduled. On Wednesday, November 11<sup>th</sup>, IHSA informed schools they will not be able to conduct practices (except training only) until after their Board of Directors' meeting on Thursday, November 19<sup>th</sup>. **FHS will NOT be starting practice on November 16<sup>th</sup>. More information will be shared as it is available pending the Board of Education as well as the IHSA Board of Directors' November meetings.**
- **Wrestling** = This sport season was moved by IHSA on October 29<sup>th</sup> to a new start date of April 19<sup>th</sup>. This sport will now be offered the same times as baseball, softball, and boys/girls track and field.

## JUNIOR HIGH SCHOOL

- **Boys Basketball** = This sport has been postponed until further notice. We are working with conference representatives to realign the sports seasons for the Junior High programs.
- **Cheer** = This sport has been postponed until further notice. We are working with conference representatives to realign the sports seasons for the Junior High programs.
- **Academic Bowl** = This extracurricular activity will continue as scheduled.

As an Athletic Department, we will continue to try our best to navigate the ever-changing dynamics of the pandemic, while keeping the health and safety of our athletes and coaches as our number one priority. We are always hopeful we can offer sports in a safe and proper manner. As COVID-19 numbers continue to climb in the state of Illinois and local communities, I want to personally stress the importance of being safe and following the local guidelines. We cannot have sports if numbers continue to increase. **We need everyone to do their part so we can get our student-athletes back into competition.**

Thank you and stay safe.

Go Cards

Kyle Zick  
Activities Director/Assistant Principal  
Head Football Coach